



Annual Conference of the Society of Renal Nutrition & Metabolism

 **April 18th & 19th 2026**

 **The Westin Mindspace, Hyderabad**



Scientific Program



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The Westin Mindspace, Hyderabad

DAY 1, 18-04-2026

HALL - A

SATURDAY

TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
8:30 AM – 9:00 AM		REGISTRATION & WELCOME	
9:00 AM – 9:20 AM	Burden of CKD and Role of Nutrition	Dr Shruti Tapiawala	Dr Anuradha Raman Dr Raja Karthik Dr Bhavya Dr Ravi Tej
9:20 AM – 10:20 AM	Symposium – Optimizing Nutrition in CKD		
9:20 AM – 9:35 AM	Energy and Protein Requirements in CKD	Dr Abhilash Chandra	Dr Umesh Khanna
9:35 AM – 9:50 AM	Managing Sodium and Fluid in CKD	Dr Prodip Kumar Doley	
9:50 AM – 10:05 AM	Potassium and Phosphorus Restriction – Practical Tips	Ms Archana Sinha	
10:05 AM – 10:20 AM	Role of Trace Minerals in CKD	Dr Bhanuprakash Reddy	
10:20 AM – 10:40 AM	Role of Keto Analogues in Low-Protein Diet	Dr K S Nayak	Dr J Srenivasa Rao Dr Kiranmai Ismal Dr Satti Reddy Dr Anuradha Shalini
10:40 AM – 11:00 AM	Nutrition Assessment Tools in CKD (SGA, BCM, Bioimpedance)	Dr Balaji kirushnan	Dr Nisith Kumar Mohanty Dr Sanjay Maitra Dr Sahista Hussaini Dr Anitha
11:00 AM – 11:30 AM		TEA BREAK	
11:30 AM – 12:00 PM	Debate: Plant-Based vs Mixed Diet in CKD – Which is Better?	Dr Anurag Gupta - Plant-Based vs Dr Satish Balan - Mixed Diet	Dr Pradeep Deshpande Dr Uttara Das Dr Ramachander Dr. Payal Gaggur



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TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
12:00 PM – 12:30 PM	Dr Anita Saxena Memorial Oration Metabolic associated CKD (MACKD): A way forward to prevent and treat?	Dr Narayan Prasad	Dr Anil Bhalla Dr R K Sharma Dr Tiwari SC Dr Swarnalatha
12:30 PM – 12:50 PM	KDIGO Nutritional updates - translating evidence into everyday practice	Dr Deodutta Chafekar	Dr Manisha Sahay Dr Raja Ram Dr Vamsidher Dr Bande Sujith Reddy
12:50 PM – 1:50 PM	LUNCH		
1:50 PM – 2:10 PM	Diet in CAPD vs APD – Practical Differences	Dr Sampath Kumar	Prof. Amit Gupta Dr Ratan Jha Dr Rajesh Khanduja Dr Suryanarayan Mandal
2:10 PM – 2:50 PM	Panel Discussion Improving Diet Adherence in CKD – Patient, Dietitian, Nephrologist Perspective	Dr Piyali Sarkar Dr Sudeep Prakash Dr Urmila Anandh Dr Rajesh Nair	Dr Sreejith Parameswaran
2:50 PM – 3:10 PM	Nutrition in Hemodialysis Patients – Common Pitfalls	Ms. Sunitha Premalatha, (Dietitian)	Dr Dhanajay Dr Sridher(Nizamabad) Dr Sandeep Peddi Dr Ramapriya
3:10 PM – 3:30 PM	Intradialytic Nutrition – Tools and techniques	Dr Nisha Jose	Dr Y Manjusha Dr Shankar Dr Priyadarshini john Dr Susmita
3:30 PM – 3:50 PM	TEA BREAK		



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TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
3:50 PM – 4:30 PM	Panel Discussion : Sarcopenia and muscle wasting in Kidney Diseases : Nutritional Perspectives	Dr Arun S, Dr Edwin Fernando, Dr Gopambuj Singh Rathod, Dr Santhosh Pai	Dr Shyam Bansal
4:30 PM – 4:50 PM	Case-Based Discussion: Designing CKD Diets for Vegetarian and Non-Vegetarian Patients	Dr Nancy Sahni (Dietitian)	Dr Sashi Kiran Dr Vikranth Dr Venkata Raman Dr Srinivas Rao
4:50 PM – 5:10 PM	CRM Syndrome - Role of diet and Nutrition	Dr Manish Rathi,	Dr Sree Bhushan Raju Dr Krishnan Dr Sridher(Star Hospital) Dr Hari krishna
5:10 PM – 5:30 PM	MNT in Diabetic Kidney Disease – Real-World Case Scenarios	Ms. Zamurrud Patel, (Dietitian)	Dr Sudhakar Dr Shabana Dr Tarun Saha Dr Rama E
5:30 PM – 6:00 PM	Panel Discussion : Same Diagnosis, Different Phenotypes: A Comparative Approach in Renal Care	Dr Subba Reddy Dr Sanjay Maitra Ms Harita Shyam Ms Sujatha Stephan	Ms Sana Sahigara
6:00 PM – 7:00 PM	INAUGURATION		



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HALL - B

09:50 AM - 11:00 AM

SATURDAY

ABSTRACT ID	PRESENTER NAME	TITLE
ABS001	DR MANZOOR AHMAD PARRY	A CLINICAL STUDY OF MALNUTRITION AND INFLAMMATORY PARAMETERS IN NON-DIALYZED CHRONIC KIDNEY DISEASE PATIENTS
ABS003	DR ELAMANDALA SREECHARAN	PREVALANCE OF MALNUTRITION IN ELDERLY CHRONIC KIDNEY DISEASE PATIENTS ON HEMODIALYSIS AND ASSOCIATION WITH FRAILTY,CO-MORBIDITIES,DIALYSIS ADEQUACY,NUTRITIONAL PRACTICES.
ABS007	DR HARIKA PADAMATA	HIDDEN MUSCLE LOSS DESPITE NORMAL BMI: DETECTING SARCOPENIA IN PEDIATRIC CAPD
ABS008	DR CHAITRA C	EVALUATING NUTRITIONAL SCORES AGAINST MUSCLE MASS AND ALBUMIN IN HEMODIALYSIS: A CROSS-SECTIONAL STUDY
ABS013	DR KAKARAPARTHY SREE HARSHA VARDHAN	ANALYSIS OF THE ASSOCIATION BETWEEN HEALTHY EATING INDEX (HEI)-2020 AND DIABETIC KIDNEY DISEASE IN TYPE 2 DIABETES PATIENTS
ABS014	DR VAMSHI KRISHNA	PROTEIN ENERGY WASTING IN MAINTENANCE HEMODIALYSIS PATIENTS AT A TERTIARY CARE CENTER: ANTHROPOMETRIC ASSESSMENT USING ISRNM CRITERIA
ABS015	DR ANOOP MEHTA	CORRELATION OF VISCERAL ADIPOSITY INDEX, VISCERAL AND SUBCUTANEOUS ADIPOSE TISSUE THICKNESS, MID-ARM CIRCUMFERENCE, TRICEPS SKINFOLD THICKNESS AND CAROTID INTIMA-MEDIA THICKNESS WITH CARDIO-KIDNEY-METABOLIC RISK IN PATIENTS ON MAINTENANCE HEMODIALYSIS
ABS016	DR AFSHA FAROOQUI	ASSESSMENT OF MY FOOD PLATE CONSUMPTION IN CKD PATIENTS ON MAINTENANCE HEMODIALYSIS USING 24HR DIETARY RECALL.



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TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
11:00 AM – 12:00 PM			
Strength, Structure & Status in CKD - Workshop 1			
11:00 AM - 11:15 AM	Practical Nutritional Assessment in CKD – Clinical Tools & Implementation	Ms Swetha (Chief Dietitian) Ms Ashwini (Deputy Dietitian)	
11:15 AM - 11:30 AM	From Fluid Overload to Muscle Loss: Body Composition Analysis – Nephrologist Perspective	Dr Rajiv Medanki (Senior Consultant Nephrologist)	Dr. Ramapriya Dr. Vishnu Keerthana
11:30 AM - 11:45 AM	The Silent Decline: Sarcopenia and Frailty Assessment in Renal Care	Dr Radha R. Chada (Chief Dietitian) Ms A N Malleswari (Chief Dietitian)	
11:45 AM - 12:00 PM	Q/A		
2:00 PM – 4:00 PM			
From Lab to Plate: A Biochemistry-Driven Approach to CKD Nutrition - Workshop 2			
In association with IAPEN - Renal Nutrition India			
02:00 PM – 02:20 PM	Understanding CKD Biochemistry Beyond Creatinine	Dr Anil Bhalla (Nephrologist)	Chairpersons Dr Deodutta Chafekar Dr Narayan Prasad
02:20 PM – 02:40 PM	Protein & Albumin: Restriction vs Preservation	Ms N.Vijayashree (Dietitian) Dr Manish Lalwani (Nephrologist)	
02:40 PM – 03:00 PM	Sodium & Fluid Balance: The Hidden Drivers of Progression	Ms Sunita Sahoo (Dietitian) Dr. Sasidhar G (Nephrologist)	Mentors Dr Deodutta Chafekar
03:00 PM – 03:20 PM	Potassium & Bicarbonate: Managing Electrolytes and Acid Load	Ms Aishwarya Raj (Dietitian) Dr Anuradha Shalini (Nephrologist)	Dr Kiranmai Ismal Ms Prashanti
03:20 PM – 03:40 PM	Phosphorus & CKD-MBD: Beyond Dairy Restriction	Ms Tanvi (Dietitian) Dr Deepti A (Nephrologist)	Ms A N Malleswari
03:40 PM – 04:00 PM	Uric Acid & Metabolic Risk in CKD	Ms K. Sowmya (Dietitian) Dr Ravi Tej (Nephrologist)	



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DAY 2, 19-04-2026

SUNDAY

TIME	TOPIC	SPEAKER	MODERATORS/ CHAIR PERSONS
8:00 AM – 8:30 AM	Breakfast Symposium		
8:00 AM – 8:15 AM	Impact of Dialysis Membrane Type on Protein-Energy Wasting in Hemodialysis Patients	Dr Vijay chander	Dr Prasad Gullipalli Dr Ranganath Dr Satyanarayana Dr Koushik
8:15 AM – 8:30 AM	Role of heavy metals in Chronic Kidney Diseases	Dr J Srrenivasa Rao	
8:30 AM – 8:50 AM	Reading food labels(Na, K,P)	Dr. Ashwin Dabhi	Dr Krishan Patil Dr Vikram kumar Dr Shyam Sundar Dr Rekha
8:50 AM – 9:10 AM	Diet in Acute Kidney Injury – ICU and Ward Settings	Dr Sandeep Mahajan	Dr G Srikanth Dr Nageshwar Reddy Dr Ravi Manhankali Dr Kavitha Gona
9:10 AM – 10:10 AM	Symposium – Nutrition in Special Renal Populations		
9:10 AM – 9:25 AM	Pediatric CKD – Growth, Calories and Protein	Dr Mehul A.Shah	
9:25 AM – 9:40 AM	Nutrition in Elderly Patients with CKD and Frailty	Dr Garima Agarwal	
9:40 AM – 9:55 AM	Nutrition in Obesity with CKD – Balancing Weight Loss and Renal Safety	Dr Arpita Roy Chaudhary	Dr D S Rana
9:55 AM – 10:10 AM	Diet in Post-Transplant Patient – Short and Long Term	Dr Ranjaneeth Muthu	
10:10 AM – 10:30 AM	Diet in Patients on Tube Feeding / Jejunostomy with Renal Failure	Dr Biju Potakkat	Dr Gangadher Dr Suresh Babu Dr Mukku Kiran Dr Ashwin Dutt
10:30 AM – 11:00 AM		TEA BREAK	



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11:00 AM - 11:30 AM	Debate: Intermittent Fasting in CKD and Diabetes - Friend or Foe?	Dr Sanjeev Nair (Friend) vs Dr Nagraj Naik (Foe)	Dr Dhanalakshmi Dr Vijay chander Dr Santhosh A Dr Arvind Reddy
11:30 AM - 11:50 AM	Nutrition in Patients with Recurrent Renal Calculi	Dr Ravi Kushwaha	Dr Deepti A Dr Sridher (KIMS) Dr Jyothsna Dr Srikanth Bathineni
11:50 AM - 12:30 PM	Panel Discussion: AI Tools & Apps for Diet Planning and Nutritional Monitoring in CKD	Dr Srinivas Prasad Dr Jithu Kurian Dr Seerapani Gopaluni Ms. Radha Reddy (Dietitian)	Dr P S Vali
12:30 PM - 12:50 PM	Multicentre Study of Lipid Abnormalities in Indian MHD Patients.	Dr Georgi Abraham	Dr Dakshinamurty Dr Praveen Etta Dr Prasanna Dr Ravi Andrews
12:50 PM - 1:05 PM	Kidney Disease & Hyperkalemia: Integrated Diet-Drug Strategies	Dr Rajasekhara Chakravarthi	Dr Snigdha Dr Pranith Ram Dr Rana Fatima Dr Himadeepti
1:05 PM - 1:30 PM	Quiz Dr Sai Vani and Dr Sivaparathi		
1:30 PM - 2:00 PM	VALEDICTORY FUNCTION		
2:00 PM - 3:00 PM	LUNCH		



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10:00 AM - 11:00 AM

SUNDAY

ABSTRACT ID	PRESENTER NAME	TITLE
ABS002	PREETHI K N	QUANTITATIVE MULTIDIMENSIONAL ASSESSMENT OF VITALITY IN HEMODIALYSIS PATIENTS: EARLY INDICATORS OF NUTRITIONAL, FUNCTIONAL STATUS, AND FRAILITY
ABS004	HAFSA ANJUM	PREVALENCE OF MALNUTRITION AND EVALUATION OF FUNCTIONAL, DIETARY AND BIOCHEMICAL PARAMETERS IN MAINTENANCE HAEMODIALYSIS PATIENTS
ABS005	KALLURI SOWMYA	DIETARY DIVERSITY AND NUTRITIONAL STATUS AMONG PATIENTS UNDERGOING MAINTENANCE HAEMODIALYSIS: A CROSS-SECTIONAL STUDY
ABS020	GAYATRI	PROTEIN ENERGY WASTING
ABS021	RENU RAJ	MENSTRUAL DISTRESS QUESTIONNAIRE (MEDI-Q)
ABS022	SUNITH WAGHRAY	EFFICACY OF COMBINED BREATHING TRAINING WITH RESISTANCE EXERCISES ON PULSE PRESSURE, BIOCHEMICAL MARKERS, AND QUALITY OF LIFE IN HAEMODIALYSIS PATIENTS: A RANDOMIZED CONTROLLED TRIAL.



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11:00 AM - 12:10 PM

SUNDAY

ABSTRACT ID	PRESENTER NAME	TITLE
ABS006	DR ILANGO VAN VEERAPPAN	PANCREATIC EXOCRINE INSUFFICIENCY INDUCED ENTERIC HYPEROXALOSIS IS A MODIFIABLE RISK FACTOR OF RAPID PROGRESSION OF CHRONIC KIDNEY DISEASE.
ABS009	DR VAJED MOGAL	THE EFFECT OF DIETARY HABIT OF PHOSPHORUS INTAKE IN CHRONIC KIDNEY DISEASE PATIENTS ON HEMODIALYSIS
ABS010	DR ILAKYAA RAJAKUMAR	MUSCLE MATTERS: BIOELECTRICAL IMPEDANCE- BASED EVALUATION OF PROTEIN & ENERGY WASTING IN MAINTENANCE HEMODIALYSIS PATIENTS.
ABS011	DR SARASWATHI YASHASWINI	PREVALENCE AND DETERMINANTS OF SARCOPENIA IN DIALYSIS-DEPENDENT CHRONIC KIDNEY DISEASE PATIENTS: A CROSS-SECTIONAL STUDY AT GANDHI HOSPITAL
ABS012	DR SRIJA MUVVA	ASSESSMENT OF INSPIRATORY AND EXPIRATORY MUSCLE STRENGTH IN END STAGE RENAL DISEASE PATIENTS ON MAINTENANCE HEMODIALYSIS
ABS017	DR RISHABH JHALA	THE IMPACT OF INTRADIALYTIC AEROBIC TRAINING ON FUNCTIONAL CAPACITY AND BIOCHEMICAL MARKERS IN PATIENTS UNDERGOING HEMODIALYSIS
ABS019	DR ROHIT SHARMA	PREVALENCE OF SARCOPENIA IN PATIENTS WITH CHRONIC KIDNEY DISEASE: A CROSS-SECTIONAL STUDY FROM A TERTIARY CARE CENTER IN TELANGANA
ABS023	TARU PAYAL	TO EVALUATE THE NUTRITIONAL STATUS OF THE CHRONIC KIDNEY DISEASE PATIENTS ON AN OPD BASIS AND ALSO TO ANALYSE THE IMPACT OF DIET COUNSELLING ON THE OVERALL HEALTH OF THE PATIENTS.



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Registration Tariff

Category	Regular (Till March 31)	Late (Till April 17)	On Spot
Delegates	Rs.10,000	Rs.12,000	Rs.14,000
PG Residents	Rs.5,000	Rs.7,500	Rs.9,000
Dietician/Paramedical	Rs.3,000	Rs.5,000	Rs.6,000



Scan here to register



Scan to Submit Abstract



Conference Secretariat

Dr. Swarnalatha Guditi

Dr. P S Vali

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Sciences, Dept of Nephrology

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Conference Manager

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